

TASKS UNLIMITED

2017 Annual Report



living.



working.



achieving.



New Housing Options For Our Clients

▶ LETTER FROM THE EXECUTIVE DIRECTOR



I am proud to share our 2017 Annual Report. As many of you know, Tasks was founded in 1970 based on the Fairweather Lodge model—a holistic approach that empowers people with mental illness to live and work in the community through peer support and supported employment and housing opportunities. Over the last 48 years, we’re proud that Tasks has stayed true to this model, but also adapted to changing needs and circumstances. 2017 was no exception.

We launched a new program model, the **Transition Lodge**, that offers an intermediate level of support with work skills training for those returning to work and independent living. We also learned that there is huge demand for our new **Job Placement Program**, and are expanding it in 2018.

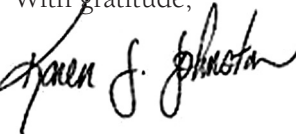
Finally, I’m extremely excited to announce that we are increasing our housing options thanks to a major gift from **Aroha Philanthropies**. **Judith House**, a newly purchased and renovated duplex, will become our 23rd Fairweather Lodge, providing shared, independent living for up to four individuals who wish to live in a shared space.



Our 23rd Lodge—Judith House—will soon be home for four individuals.

These accomplishments, and more which you will find in this report, happen only through a community effort. I want to thank our staff and board for their steadfast dedication and commitment. To our clients and their families, your strength and persistence inspire us each day.

Most important of all, we are extremely grateful to our supporters and funders. Without your help and partnership, the successes in this report would not be possible. Please know your support changes lives each and every day.

With gratitude,


Karen Johnston
 Executive Director, Tasks Unlimited

▶ **92% OF CLIENTS REPORTED**
IMPROVED MENTAL HEALTH

“Tasks has shown me [how] to be independent... because when you’re really depressed you just sit in your bed and don’t even clean your room. We each have chores, house duties, and a spot in the house that we have to clean... It’s been very helpful to be in the Tasks Program.”

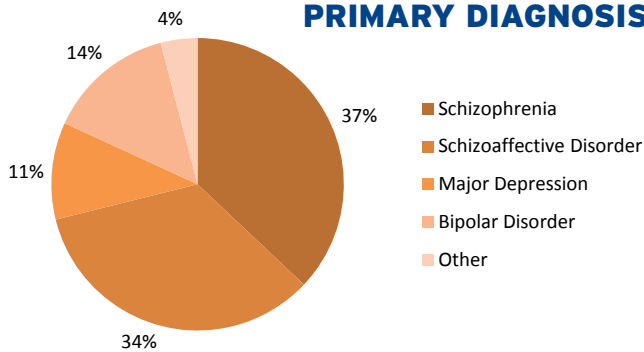
- Angela, Lodge resident

Demographics

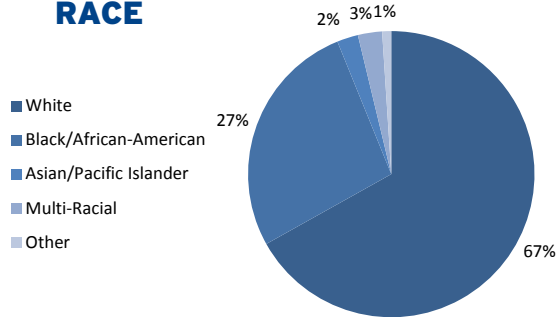
▶ WHO WE SERVED

In 2017, Tasks served a total of **291** adults and two children through our mental health, housing and employment programs.

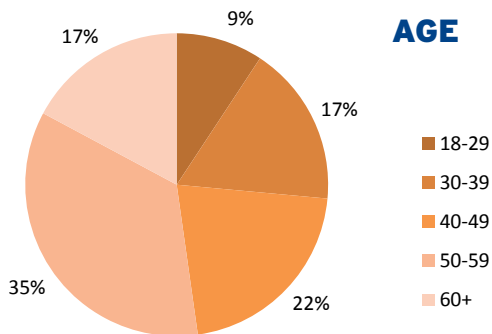
PRIMARY DIAGNOSIS



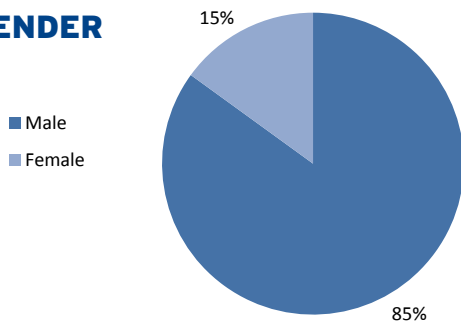
RACE



AGE



GENDER



ANGELA'S STORY



For seven years, Angela* endured an abusive marriage before fleeing to live with her sister. But she could not escape the voices she heard, the constant crying and shaking, or fears that made her afraid to leave the house. She turned to the county for help and was connected in turn to Tasks' Training Center, a licensed Intensive Residential Treatment Service.

Angela moved in three days later. The daily med groups helped her to stay on track with taking her medications, and her mental health symptoms gradually became more manageable. The support from her fellow residents and staff was invaluable—she credits them with giving her “motivation for living.”

Three months later Angela graduated and moved to one of Tasks' long-term lodges where she can live indefinitely if she chooses. Describing life at a lodge, Angela says that it's like independent living with support from her five lodge-mates, who are currently all male. They are, she says, like brothers to her.

Angela has seen many successes over the last nine months including working with her coordinators to get Social Security benefits, completing job training, and securing a permanent position as a janitor with Tasks Unlimited Building Services. After initially receiving financial assistance from Tasks, she is now paying her own rent and living expenses. Angela is proud of managing her money for the first time and learning how to cook. She even recently joined the YMCA.

More than anything, Angela appreciates her newfound independence and the support she has received, saying...

“[Tasks] is a program where you learn your skills back. You learn how to be independent again.”

*Name changed to protect confidentiality.

Program Highlights

HOUSING

In 2017, Tasks Unlimited maintained **22 houses** (called lodges) across the metro as stable, supportive homes where program participants can choose to live. Lodges are affordable, interdependent living settings operated by the residents with limited assistance from staff. Lodge members support each other in their common struggles with mental health, providing accountability in taking medications, being on time for work, and successfully managing mental health symptoms.

Thanks to a major gift from Aroha Philanthropies, a new lodge will open in south Minneapolis in 2018. Judith House will become the 23rd Fairweather Lodge.

The **Tasks Unlimited Training Center**, a licensed Intensive Residential Treatment Program (IRTS), incorporates the lodge model to help individuals coming from

homelessness, incarceration, or hospitalization regain their stability and gain basic living and work readiness skills. In 2017, we added the **Transition Lodge**, which offers an intermediate level of support and flexible stay for up to 8 individuals moving from more intensive settings to independent living. The **Senior Lodge** accommodates the special needs of our older, retired clients.



“I see people homeless on the street and think that is where I would be if I could not be here.”

- Transition Lodge resident

2017

PROGRAM OUTCOMES AND STATISTICS

HOUSING

- ▶ Provided safe, affordable housing for **121** individuals through the Lodge Program
- ▶ Maintained **22** lodges across the Twin Cities
- ▶ Welcomed **23** new lodge residents
- ▶ **94%** of lodge residents at beginning of 2017 maintained their housing and stability for the year

EMPLOYMENT

- ▶ **25** individuals placed in supported employment
- ▶ **26** individuals placed in competitive employment
- ▶ Provided employment for **251** individuals through TUBS throughout the year

- ▶ **\$3.2** million in client wages and benefits earned
- ▶ **14** employment contracts with government agencies and private businesses
- ▶ **9.7** years average employment tenure for TUBS employees

HEALTH

- ▶ **92%** of Lodge and Jobs Program clients avoided hospitalization
- ▶ **92%** of clients reported improved mental health
- ▶ **509** wellness activities and education sessions provided in **2,435** client interactions
- ▶ **101** recreation activities and outings in **573** client interactions

EMPLOYMENT

Through our **Tasks Unlimited Building Services (TUBS)**, Tasks provides employment in janitorial, mailroom, grounds, maintenance, and event services to individuals choosing to work in a supported work environment where co-workers and job supervisors understand mental illness. Employees worked at 14 contracted work sites in 2017 including government agencies and private businesses.

Our Job Placement Program completed its first year in 2017, expanding employment assistance for individuals wanting to secure employment in the competitive workplace.



TUBS employee on the job.

MENTAL HEALTH

Tasks' employment and housing clients receive support from a team of mental health and vocational rehabilitation coordinators, medication specialists, psychiatrist, wellness and recreation staff. Weekly med clinics and daily med groups at lodges promote stability and consistent medication management. Clients accessed a range of wellness and recreation activities in 2017 including tai chi, arts, walking/biking, healthy work breaks, outings and much more.

"Tasks is a way of life for us."

- Lodge resident for 27 years

MARK'S STORY



When Mark looks back on his life before now, he says, "This is the best my life has been." Now 56, Mark was diagnosed with mental illness in his early 20's. He says, "I would be on my meds, then I would go off my meds, then I would end up in the hospital." He also experienced many painful losses in this time. In a revolving door of depression, drug and alcohol use, and hospitalization, Mark never held a job for more than a few months.

Nine years ago, he committed to stay on his medications and stop using. Soon after that he was connected to Tasks' Jobs Training Program by another mental health agency. After working for a few months for Tasks' janitorial services, Mark interviewed and was hired for Rehab2 ("Rehab Squared"), our 5-person crew that does repairs, renovations, and grounds maintenance.

"This is the best my life has been."

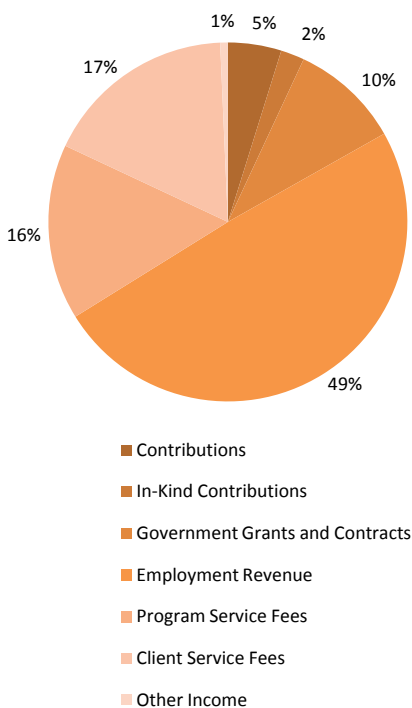
At Tasks, Mark found it helpful that he did not have to hide his mental illness from his supervisors and co-workers. Like many people, working has great value to him for the distraction it provides from negative thoughts, the opportunities to learn new things, and pride he feels in doing a job well: "When Pete [my supervisor] tells me to drive to a lodge and paint, he has enough confidence in me to do a good job. And, when I'm shown how to install plumbing parts and I'm walked through a plumbing job, it gives me a lot of pride that I've never felt before in my life."

It has been 10 years and counting since Mark was last hospitalized for psychiatric reasons. Mark cites the pride he has built through his work as a major reason for his stability:

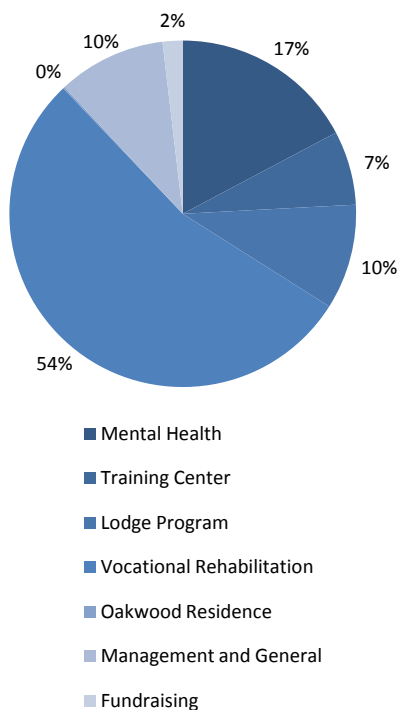
"My job," he says, "gives me pride and a sense of worth."

Financials

SUPPORT AND REVENUE



EXPENSE



CONSOLIDATED STATEMENT OF ACTIVITIES

As of December 31, 2017 and 2016

| SUPPORT AND REVENUE | 2017 | 2016 |
|----------------------------------|---------------------|--------------------|
| Contributions | \$491,059 | \$55,603 |
| In-Kind Contributions | \$216,720 | \$216,870 |
| Government Grants and Contracts | \$1,008,320 | \$1,078,209 |
| Employment Revenue | \$5,031,963 | \$5,195,314 |
| Program Service Fees | \$1,613,859 | \$1,441,626 |
| Client Service Fees | \$1,768,795 | \$1,826,994 |
| Other Income | \$70,353 | \$108,189 |
| Total Support and Revenue | \$10,201,069 | \$9,922,805 |
| EXPENSE | | |
| Program Services | | |
| Mental Health | \$1,718,455 | \$1,587,044 |
| Training Center | \$688,954 | \$603,100 |
| Lodge Program | \$977,607 | \$1,029,442 |
| Vocational Rehabilitation | \$5,371,844 | \$5,349,046 |
| Oakwood Residence | \$15,596 | \$25,006 |
| Total Program Services | \$8,772,456 | \$8,593,638 |
| Support Services | | |
| Management and General | \$1,003,959 | \$1,011,070 |
| Fundraising | \$186,308 | \$106,350 |
| Total Support Services | \$1,190,267 | \$1,117,420 |
| Total Expense | \$9,962,723 | \$9,711,058 |
| Change In Net Assets | \$238,346 | \$211,747 |

CONSOLIDATED STATEMENT OF FINANCIAL POSITION

As of December 31, 2017 and 2016

| ASSETS | 2017 | 2016 |
|---|--------------------|---------------------|
| Cash | \$2,591,331 | \$2,306,833 |
| Accounts receivable | \$1,137,278 | \$2,504,932 |
| Investments | \$520,581 | \$14,823 |
| Prepaid Expenses | \$191,137 | \$191,397 |
| Land Buildings and Equipment (Net) | \$5,519,640 | \$5,368,297 |
| Total Assets | \$9,959,967 | \$10,386,282 |
| LIABILITIES AND NET ASSETS | | |
| Accounts Payable | \$115,837 | \$98,500 |
| Accrued Expenses | \$667,506 | \$701,534 |
| Notes Payable | \$223,500 | \$868,470 |
| Long Term Notes Payable | \$4,109,391 | \$4,112,391 |
| Unrestricted Net Assets | \$4,831,650 | \$4,605,387 |
| Temporarily Restricted Net Assets | \$12,083 | \$0 |
| Total Liabilities and Net Assets | \$9,959,967 | \$10,386,282 |

*See full financial statement at www.tasksunlimited.org



2419 Nicollet Avenue South
Minneapolis, MN 55404

www.tasksunlimited.org
612.871.3320

2017 BOARD OF DIRECTORS

Officers

Elaine Love, *Chair*
Paula Callies, *Immediate Past Chair*
Lawton Cain, *Secretary/Treasurer*

Members at Large

Joey Brochin
Charles Christiansen
Marianne Christiansen, MA, OT, FAOTA
Steve Erickson
David Gibbons
Kristine Haertl, Ph.D., OTR, FAOTA
Kim Herring
Greg Hestness
Luke Johnson
Linda Kubalsky (Williams)
Michael Maus, Ph.D.
Larry Shomion
Rodger Skare

STAFF EXECUTIVE TEAM

Karen Johnston
Executive Director

Gil Bessard, LSW
Director of Operations

Dana Scarlett
Program Director of Property Management

Ashley Trepp, MSW, LICSW
Director of Mental Health Services

Living | Working | Achieving

OUR MISSION: To provide supported employment, housing and recovery services for people with mental illness so that they achieve a full life with the rights and responsibilities of adults in our society.

